# KIMBERLY SEELY

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## SKILLS & **ATTRIBUTES**

Hard Working, Dependable, Honest, Compliant, Adaptable, Helpful, Fast Learner,

# WORK EXPERIENCE | KITCHEN LEAD TIMPANOGOS HOSPITAL FEB 2017-PRESENT

- Organize meal tickets and make sure patients are served correct diets
- Put away food orders, record temperatures, answer patient's phone calls
- Deliver tube feedings or other requested items
- Direct staff and assist if they get behind
- Instructed on how to complete patient screenings by the dietitian

#### COOK PROVO NURSING AND REHAB JAN 2017-AUGUST 2017

- Prepared meals for approximately 100 residents. These included normal diets as well as special diets such as puree, mechanical soft, and renal diets.
- Directed staff, answered calls, addressed needs of individual residents

### **CAPTAIN BYU CATERING 2013-2015**

- Prepared items needed for various catering events
- Arranged professional table settings and served meals to guests
- Instructed staff on how to properly set up, serve, and clear

# DIET ROOM WORKER, MTC CAFETERIA MAY 2014-AUGUST 2014

- Prepared meals for missionaries on special diets
- Served meals and assured proper quality

# **EDUCATION**

**BRIGHAM YOUNG UNIVERSITY** 

CURRENT DIETETICS STUDENT (3.69 GPA)

**DIXIE STATE UNIVERSITY. ST GEORGE. UTAH** 

ASSOCIATES DEGREE IN BUSINESS (3.93 GPA)

# COMMUNITY SERVICE

- Program Director for Community Action Y-serve at BYU
  - Organize volunteers to go to the food bank once a week. Teach them and help them have a positive experience. (August 2017-Present)
- Completed a service mission for 18 months (May 2015-December 2017)
  - Helped people who were struggling move, clean, and do yard work
  - Served in the community at food pantries and food drives
  - Shared encouraging words, helped people feel loved and improve the quality of their lives. Visited with elderly people who were lonely.
  - Trained other missionaries
- Regularly sung to Elderly at Courtyard at Jamestown and visited with them (2015)
- Wrapped "Toys for Tots" presents & served community Christmas meal (2014-15)
- Served regularly at the soup kitchen in St. George that feeds the needy (2014)

### EXTRACURRICULAR **ACTIVITIES**

- Guitar, Percussion
- Tennis, Hiking, Biking, Outdoor Activities

# RECOGNITIONS

- Serve Safe Certified
- **CPR** Certified
- Member of the Academy of Nutrition and Dietetics